

Looking for support in a
mental health crisis?

Crisis Cafe

can help...

Improve your
wellbeing

Support in
a crisis

Signpost to
services

Have a cup of tea with us

Support your
recovery

5pm-11pm
Friday, Saturdays
and Sundays

Alchemy Southport
Mornington Road,
Southport,
PR9 0TS

Contact: 0300 323 0197



Sefton CVS
Supporting Local Communities



Mersey Care
NHS Foundation Trust

Community and Mental Health Services



Southport and Formby
Clinical Commissioning Group

Sefton Council



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